

# Bodytree class schedule at Saadiyat Beach Club



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
BTB 8:00am-9:00am	Xtend Barre 8:00am-9:00am	Yoga Adult Ballet/ Contemporary 8:00am-9:00am	Xtend Barre 8:00am-9:00am	BTB 8:00am-9:00am	Xtend Barre 8:30am-9:30am
	Mummy & Me Ballet 9:00am-9:30am (age 2)	Mummy & Me Ballet 9:00am-9:30am (age 2)	Kindermusik 10:00am-10:45am (ages 1-3)		Prep A 9:30am-10:00am (age 3)
Baby Massage 10:00am-11:15am			Kindermusik 11:00am-11:45am (Newborn – 1 year)		Prep B 10:00am-10:30am (age 4)
Prep D 3:00pm-3:45pm (age 6)		Prep C 3:00pm-3:45pm (age 5)	Prep C/D 3:00pm-3:45pm (Boys age 5-6)		
Tap 1 5:00pm-5:45pm (ages 6-8)	Hip Hop 1 5:00pm-5:45pm (ages 7-9)	Kids Yoga 4:00pm-4:30pm (ages 4-7)	Prep B/C 3:45pm-4:15pm (Boys age 4-5)		
Tap 2 5:45pm-6:45pm (ages 9+)	Hip Hop 2 5:45pm-6:45pm (ages 10-14)	Kids Yoga 4:30pm-5:00pm (ages 4-7)			
		Kids Yoga 5:00pm-5:45pm (ages 8-12)	Ballet 1 5:00pm-5:45pm (ages 6-7)	Jazz 1 5:00pm-5:45pm (ages 7-8)	<b>PLEASE NOTE</b> all Kids dance classes commence on September 8 <sup>th</sup> and adult Ballet/cont on September 18 <sup>th</sup> .
	Hip Hop Teen/Adult 6.45pm-7:45pm (ages 15+)	Contemporary 1/2 5:45pm-6:45pm (ages 9-12)	Ballet 2/3 5:45pm-6:45pm (ages 8-11)	Jazz 2/3 5:45pm-6:45pm (ages 9-12)	
Xtend Barre 7:30pm-8:30pm		Xtend Barre 7:30pm-8:30pm	Teen Xtend Barre 6:45pm-7:45pm (ages 13+)		

Classes and teachers are subject to change, please consult [www.bodytreestudio.com/timetables/](http://www.bodytreestudio.com/timetables/)

For more information, please call +971 2 443 4448 or email [info@bodytreestudio.com](mailto:info@bodytreestudio.com)

For class pricing please see [www.bodytreestudio.com/classes-and-pricing/](http://www.bodytreestudio.com/classes-and-pricing/)

SAADIYAT BEACH CLUB



**bodytree**  
pilates yoga dance